

LUNCH

SUNDAY, FEBRUARY 8, 2026

CHICKEN FRAICHE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	878mg	28g	17g	9g	85mg	0g

ROAST BEEF



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
269	450mg	29g	17g	0g	98mg	1g

BREADED SHRIMP



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	750mg	9g	15g	12g	65mg	0g

RED BEANS AND RICE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
120	534mg	5g	3g	18g	0mg	6g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

SUNDAY, FEBRUARY 8, 2026

sesame

POLISH SAUSAGE W/ ONIONS & PEPPERS



CALORIES
512

SODIUM
1150mg

PROTEIN
18g

FAT
36g

CARBS
29g

CHOLESTEROL
70mg

FIBER
1g

CHILI

CALORIES
146

SODIUM
560mg

PROTEIN
14g

FAT
6g

CARBS
9g

CHOLESTEROL
32mg

FIBER
1g

3-BEAN CHILI



CALORIES
115

SODIUM
625mg

PROTEIN
6g

FAT
0g

CARBS
23g

CHOLESTEROL
0mg

FIBER
5g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen